

We Agree to.....

Respect ourselves, others & staff

At Barking & Dagenham / Thurrock Young Carers we treat everybody with respect, if staff / volunteers ask you to do something it is for the wellbeing of the whole project and everyone in it. Please respect everyone's privacy, do not take photos of other Young Carers or staff without their permission.

Equipment & Venue to be looked after

If you damage the venue or things in it, we will have nowhere to go!! The money it costs to repair damage or replace items is money that could have paid for an activity. This also goes for touching other people's property.

Safety

We have a responsibility for your personal safety. We need to know that you are safe and in case of an emergency, where you are during the activity. This also means that any form of alcohol, smoking, vaping and drug usage will not be tolerated!! No physical contact that could make others feel uncomfortable, this also includes fighting.

Pride

In yourself and your Young Carers Project.

Everyone matters – NO BULLYING!

Zero-tolerance to any type of bullying, this includes online bullying or bad language directed at others including staff / volunteers. We do not tolerate swearing or offensive language. If you are friends with Young Carers on any form of social media, please be mindful of what you upload / post and only post things you would like said about yourself.

Choices, changes & concerns

All suggestions, comments and concerns to be voiced to a member of staff / volunteer, your comments will help us to plan better activities and the future of the project.

Trust - Transport

We should be able to trust you as much as you trust us. If you are in a Sessional Workers car or in a coach you must wear a seatbelt at all times. If you refuse to do this, or take your seat belt off, the journey will be stopped and your parent(s) / carer(s) will be contacted.

TAKE RESPONSIBILITY

This is in place to ensure everybody gets the break they deserve and most importantly has fun.

Mobile Phone Policy

Phones are a distraction from the time out that Young Carers need therefore we request they aren't bought along to any activities. This also prevents the risk of unwanted photos or images being put on any social media without a Young Carer's permission.

If a Young Carer requires contact with their family we can arrange this on our Young Carers Project phones. Any change in this policy will need the Project Manager's authority.

Young Carers Project Dress Code

All young carers are required to wear comfortable, safe, loose clothing to activities that allow them to partake in their chosen activity without restriction. You will be advised in advance if an activity requires old clothing that may get dirty or damaged.

Young Carers and Parent(s) / Carer(s) should note below:

1. T shirts / tops / hoodies / jackets that have inappropriate logos/writing on, this includes swear words or symbols that are not in line with the Young Carers Project's ethos will not be allowed.
2. Shorts, tops, skirts or dresses need to be suitable and of a length and coverage that allows dignity and safety whilst participating in an activity.

Young carers who do not conform to above will be asked to either remove, turn inside out their clothing item or denied access to the activity and sent home.

We request that parent / carers and young carers help us to enforce this before arriving at activities

Consequences of breaking the Behaviour Contract

- You will receive up to two verbal warnings.
- Restricted access or a ban from your next chosen activities.

Please Note: Disobeying the Behaviour Contract could result in immediate removal from an activity and future ones.

Confidentiality means...

Sharing information

At Thurrock/Barking and Dagenham Young Carers we treat your information as private. If you share anything with a member of staff that you wish to be kept private, we will not share this information anywhere without your consent.

However

If you share something that makes us think you or someone you know is in danger, we have to tell the relevant agency by law. This could be social services, school, the police, and other agencies.

Sharing concerns

If another young person tells you something that makes you worried for your safety, their safety, or another person's safety: **please tell a member of staff.** We cannot help if we don't know what is happening.

We want to keep everybody safe