

COMMUNITY FOOD CLUB

Food for thought



WELCOME TO THE CLUB

If you're struggling to pay your bills or want to make your money stretch a little bit further; join the Community Food Club to reduce your food shopping bill. By paying £10 per month or £3.50 per visit, you will have access to roughly £20 worth of groceries each week.

Your membership will also give you access to support from a wide range of services, providing advice on finances, housing, employability and health. Membership is available for one person per household, to visit once a week and is valid for 3 months.

The Community Food Club also hosts the 'Seed to Plate' project, where you can take part in free gardening and cooking workshops. The project will teach you how to grow your own produce, improve your cooking skills and eat together with local residents.

WHAT YOU NEED TO KNOW

- You must live in one of the wards listed below. You can check which ward you live in by using the postcode finder on the LBBD website,
- Members must commit to making a positive lifestyle change over the course of their membership

YOUR NEAREST COMMUNITY FOOD CLUB

Heath and Eastbrook ward residents

William Bellamy Children's Centre, Frizlands Lane, Dagenham, RM10 7HX

Every Monday
12pm to 4pm
020 8724 1924
cfc.wbcc@lbbd.gov.uk

Chadwell Heath and Whalebone ward residents

Marks Gate Children's Centre, Rose Lane, Marks Gate, RM6 5NJ

Every Wednesday
11am to 1pm
020 8270 6091
cfc.mg@lbbd.gov.uk

Alibon ward residents

Osborne Centre, Osborne Square, Dagenham, RM9 5AU

Every Thursday
11am to 1pm
020 8592 5742
cfc.op@lbbd.gov.uk

